

## **Prehabilitation** in British Columbia, Canada (SPOC)

Geoff Schierbeck Portfolio Liaison Doctors of BC

S - Surgical
P - Patient
O - Optimization
C - Collaborative



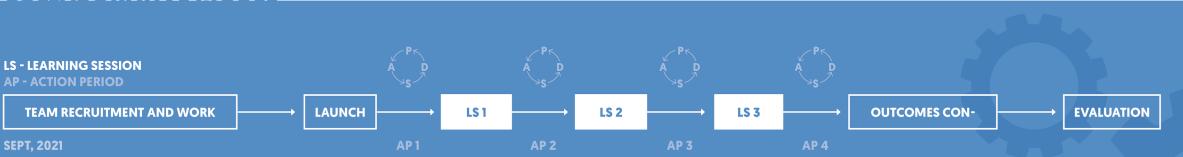
#### **HOW** WE GOT HERE **2018 BC Surgical Summit** SURGICAL PATIENT OPTIMIZATION COLLABORATIVE (SPOC) LAUNCH ENHANCED RECOVERY COLLABORATIVE SPECIALIST SERVICES KEYNOTE: TRACY WASYLAK FINISH 1-MEDWW PROVINCIAL 1 site PERSPECTIVE APRIL AR SUSTAINIBLIN ... CLINICAL AN AMAZING DAY- WE OPE STATISTICAL TRANSFORMATION IMPACT WORK WITH PRIMARY **DEVELOPMEN** CARE NETWORKS r Cutlette STIP NETIG. PE FOCUS PEOLANA HIP+ SUSTEM ATIENT - Towards the IW We Coveral Case SERVICES ON GUALIFY. ACTIVATION OUADRUPLE AM spinisting for All 1 SYSTEM ACTION PLAN ACRES CONTINUES OF CAR MAY 2016-+ SEPT 2020 fem 207 Combining LEARNING SESSIONS with Vivie UNITAL INTERVISES PATIEN Byckelite integration/ Strate Costs/Englishing 4-41mla FEEDE MINON PERSPECTIVE Watter Frank takes STENING to A COMPONENTS NES+PERSO SPOC LEARN PROM VS Alcohol + Drog CHANGE COMES FROM Are HERE Antonia Cavalar Disease I NEEDEDA PETURE ON THE LADING SHERILYN / u waxian da CLOSING LOOP & FAMILY DOCTOR Frail Elderla KNOWLEDGE & CONFUSION Gluciese Control Propical Activity INC. IN LEASTING NURRAUN THINK FR PRIENTS AN X 1964 Charles X STRE Heaventhing HEALTH SYSTEM PREPARED X BID PUNENU X BID INCOMET sheed birth had so many , lists. bu MENTALLY+ Social Sugp **OUESHENS** PERSPECTIVE PHYSICALLY PERSPECTIVES but the CARD Size byone En SURGERY WAS WINDER 1198 ERAS SPREAD AT mildel heald, SCALE + NORTH'S MORE SCAL 1 graphic recorder TEAN CANDONIO to Sustainable Sirgical Foundation FAMILY ERAS Collaborative Outcomes Congress January 2018 doctors Live Graphic Recording | Drawing Change ofbc **SharedCare** SPONSORED BY Partners for Patients SPECIALIST SERVICES Family Practice Services Committee

COMMITTEE

# IHI Breakthrough Series (BTS)

Factors that contribute to success

- Action orientated--Model of improvement. Sense of urgency
- Measurement system that connects testing to progress
- Great learning session and robust action periods
- Culture established—"all teach, all learn",.
   Sense of family and support



#### **COLLABORATIVE MODEL**

**SPOC 1.0** Sept 2019 to May 2021

#### **Pilot Sites**

- VGH
- St. Paul's
- Royal Jubilee
- UHNBC
- RIH
- Campbell River Hospital

## **Additional Sites**

SPOC is Born

- Prince Rupert
- Trail
- Nanamio
- Penticton
- Kelowna
- Ouncan
- Change Pain Clinic



# **SPOC 2.0**

#### April 2022-May 2023 13 more hospital sites

## **Northern Health**

- GR Baker Memorial Hospital – Quesnel
- Kitimat General Hospital

## **Island Health**

- Comox Valley Hospital
- West Coast General Hospital – Port Alberni

## **Interior Health**

Vernon Jubilee Hospital

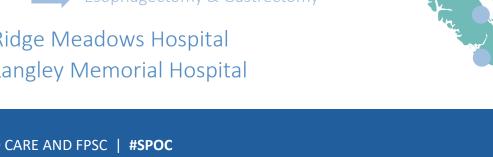
## **Vancouver Coastal**

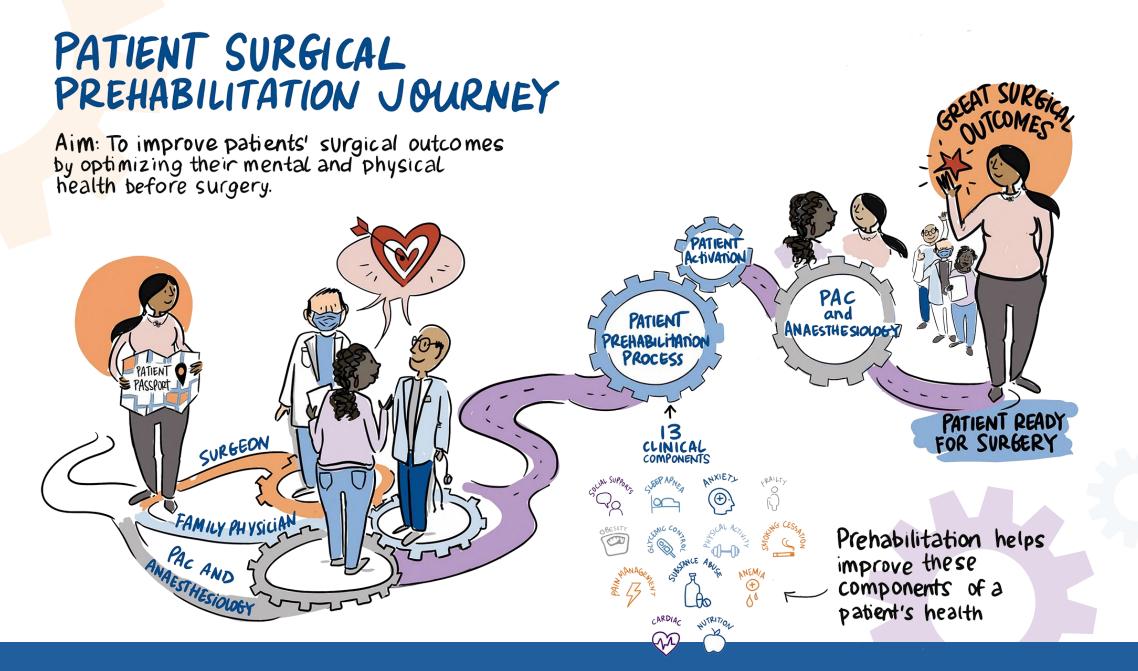
• Vancouver General Hospital



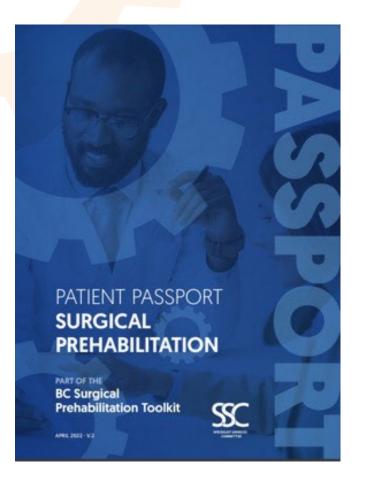
## **Fraser Health**

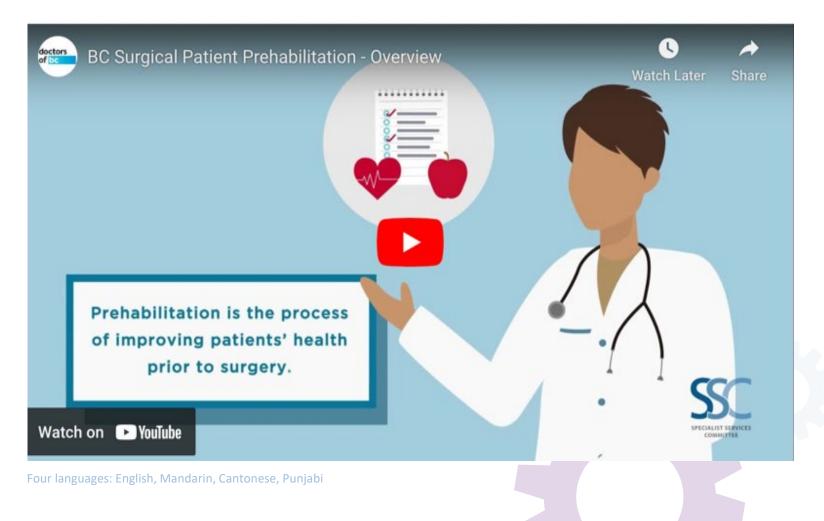
- Abbotsford Regional Hospital
- Chilliwack General Hospital
- Eagle Ridge Hospital
- Peace Arch Hospital
- Royal Columbian Hospital
- Surrey Memorial Hospital
  - Esophagectomy & Gastrectomy
- Ridge Meadows Hospital
- Langley Memorial Hospital





## PATIENT ACTIVATION AND ENGAGEMENT





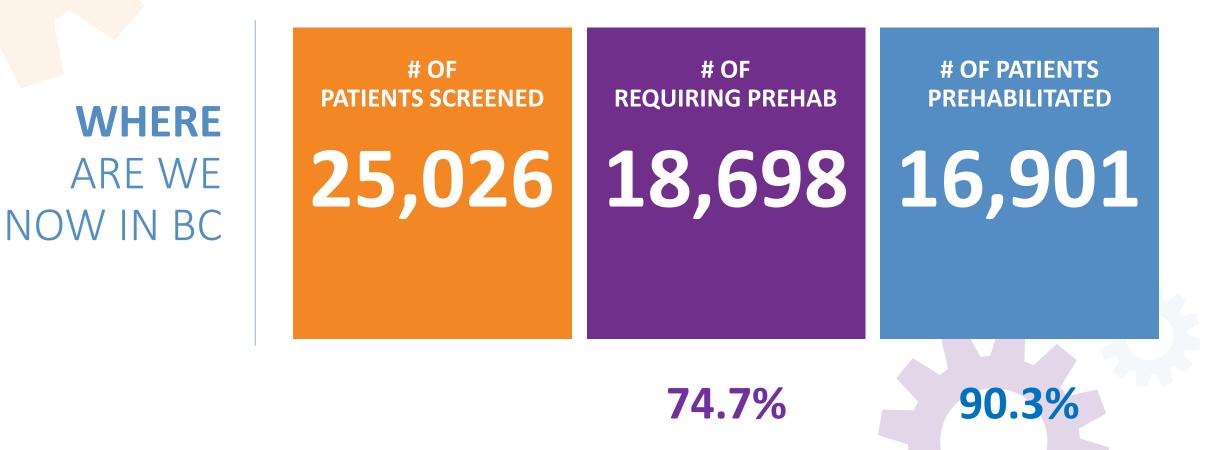
## **SPOC** Toolkit



sscbc.ca/programs-and-initiatives/transform-care-delivery/perioperative-clinical-action-network-pcan/surgical

## **CLINICAL** COMPONENTS





## **SPOC** AIM STATEMENT

**75%** of screened elective surgery patients who require optimization of one or more of the components, will receive appropriate optimization by May 2023.

# OUR RESULTS

# OUR PATIENTS LIKE IT!





#### PREM

Was your surgical experience improved as a result of the information/care provided by your surgical preoperative optimization team?

N=2158

Agree Agree

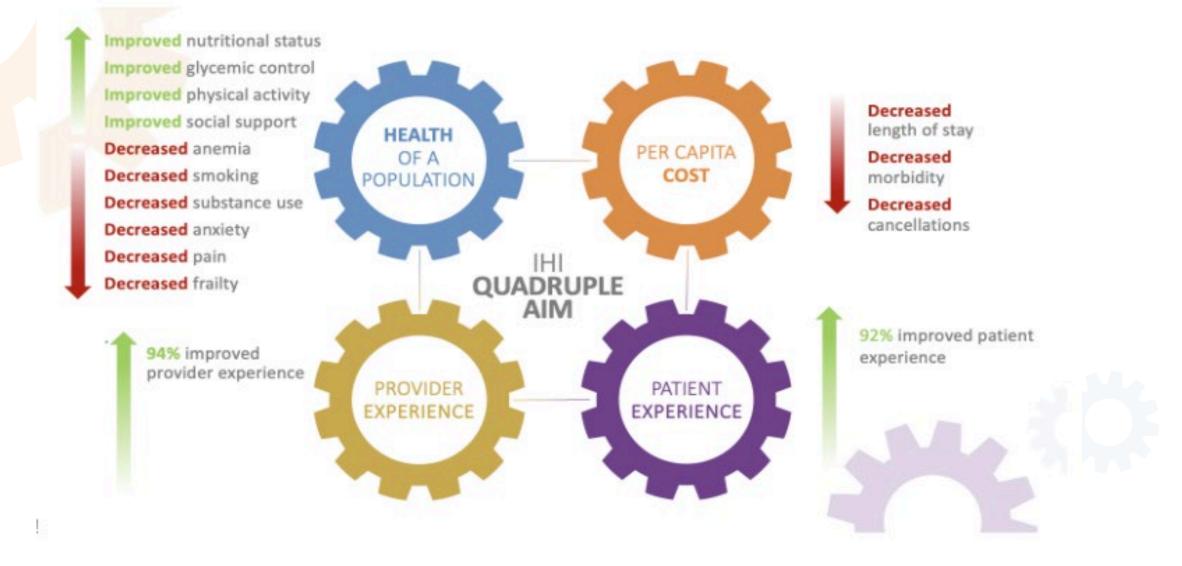
#### PROM

75.2%

Has your overall health improved as a result of the information and care provided by your surgical preoperative team?

N=2162

## SURGICAL PATIENT OPTIMIZATION COLLABORATIVE (SPOC)





COMMITTEE

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## **DOWNLOAD** THE SPOC TOOLKIT

