

SURGICAL PATIENT OPTIMIZATION COLLABORATIVE

Surgical patient optimization is a multi-disciplinary, structured and personalized pre-habilitation program designed to assist patients prepare for, recover faster and have better outcomes from major surgery.

THE OPPORTUNITY

The time between the decision for surgery and when the patient receives surgery is an opportunity to focus on optimization. As care providers, we can use the pre-operative waiting period as an opportunity to better prepare patients both, physically and mentally, for surgery as well as empower ourselves and our patients to improve surgical outcomes.

The Specialist Services Committee of the Doctors of BC and the Ministry of Health are committed to supporting care providers to improve the surgical experience for patients! Join us, as part of a provincial collaborative, in an effort to achieve the following objectives:

- Support care providers to implement change processes to improve patient's readiness for surgery
- Utilize the patient's pre-operative surgical wait time to create multi-disciplinary, structured, personalized programs to support improved outcomes after surgery
- Improve patient outcomes for elective surgeries across the province

IT TAKES A TEAM!

Who should be involved? All team members involved in the surgical care of patients, including:

PATIENTS | SURGEONS | ANESTHESIOLOGISTS
 OPERATIONAL LEADERS | IMPROVEMENT LEADERS
 FAMILY PHYSICIANS | ALLIED HEALTH CARE PROVIDERS
 NURSES | OTHER SPECIALISTS | OTHERS

COLLABORATIVE MODEL

LS - LEARNING SESSION
 AP - ACTION PERIOD

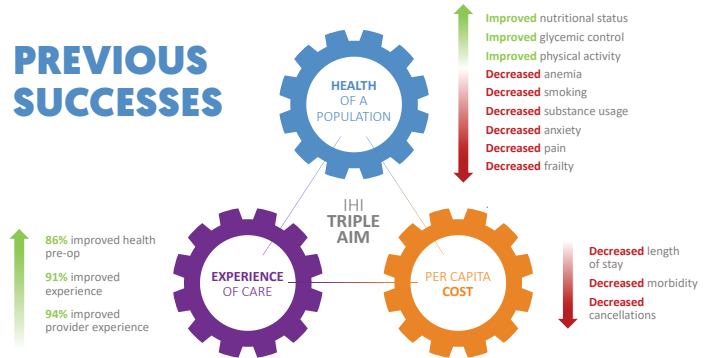


SEPT, 2021

JOIN US!

Email Geoff at: gshierbeck@doctorsofbc.ca to receive your application form. Applications will be accepted until November 30, 2021. For more information on the Surgical Patient Optimization Collaborative [SPOC], visit us [HERE](#)

PREVIOUS SUCCESSES



HOW WILL WE HELP PATIENTS?

As we begin working towards an optimization process fueled by acknowledgement of the patients' experiences and a desire to improve their outcomes, we will consider many components of patient optimization. These include, but are not limited to:

SUBSTANCE USE | CARDIAC DISEASE | SLEEP APNEA
 FRAILTY | GLYCEMIC CONTROL | PHYSICAL ACTIVITY
 NUTRITION | SMOKING CESSATION | OBESITY
 SOCIAL SUPPORTS | ANEMIA | ANXIETY

WHAT TO EXPECT

Eighteen months of interactive, multi-disciplinary collaborative learning fueled by in-person learning sessions and action periods, designed to support the implementation of optimization work at your site level. The collaborative will provide (as needed):

- Funding and support physician's and their multi-disciplinary team members involved in this work
- Quality improvement coaching and support, including data collection guidelines
- Connection with teams across BC where teams can learn from each other and from recognized experts in targeted topic areas with teams throughout BC