


SPH Elective Surgery: Geriatric Frailty Screening

Tool Age >70

	Geriatric Frailty Screenings Tool Age >70 Score to determine the risk:
1. Age, Co-morbidity and polypharmacy	<ul style="list-style-type: none"> • Add one point if patient has more than 3 chronic conditions and more than 5 medications _____
2. Mobility	<ul style="list-style-type: none"> • Add one point if walks less than 3 times per week , and/or uses walker or cane _____ • Add two points if fall in last three months _____
3. Nutritional status	<ul style="list-style-type: none"> • Add one point if MST two or more and/or unintentional weight loss of more than 10 pounds (5 kg) _____
4. Function	<ul style="list-style-type: none"> • Add two points if needing help with ADLs (bathing, dressing, toileting, continence, walking) _____ • Add one point if family or community helps with IADLs (cleaning, driving , shopping, meal preparation) _____ • Add one point if family or community services help with medication management _____
5. Cognitive status	<ul style="list-style-type: none"> • Add one point if reports of memory problems _____
Consider referring to Geriatric Team if score three or more	Total _____/10

