

WELCOME TO THE INAUGURAL PCAN SUMMIT 2023

On behalf of the Specialist Services Committee (SSC) & Perioperative Clinical Action Network (PCAN) we are thrilled to welcome you to this exciting event. Funded by both the Shared Care Committee (SCC) & the Specialist Services Committee (SSC), we appreciate you taking the time from your busy schedule to participate in the inaugural PCAN Summit. We would like to acknowledge that this event is taking place on the traditional, ancestral, and unceded territories of the Musqueam, Squamish, and Tsleil-Waututh First Nations.

At the PCAN Summit we hope to **learn** from one another, to **share** experiences and expertise, and to work together to **improve** our health care system by taking individual and collective action.

Today's objectives are:

- 1) To gain knowledge of the new Perioperative Clinical Action Network (PCAN) and understand how to receive support, continued education, and be involved with emerging changes in perioperative services.
- 2) To listen and learn from expert professionals on prehabilitation and quality improvement.
- 3) To participate in breakout discussions and explore quality improvement areas, tools and strategies that support the implementation of surgical priorities. Each guest will be able to join 2 out of these 4 workshops:
(i) Surgical Prehabilitation (ii) Increasing Surgical Capacity (iii) Pre-Surgical Screening (iv) Reducing Patient Wait Times.
- 4) To learn through interactive Q&A sessions with expert panelists on specific topics.

In addition to surgeons and other physicians, we have representation from multidisciplinary perioperative clinical professionals and healthcare stakeholders throughout BC. Improving the health care system requires rigor, dedication, and innovation. Above all, it requires us to work collaboratively towards a shared vision.

SPEAKERS

Brooke Forbes

Brooke Forbes is the Director of Surgical Strategy and Innovation for the Ministry of Health. In her time with the team, she has helped guide health authorities through Surgical Renewal and is committed to working collaboratively with partners across the system to develop innovative strategies to continue supporting British Columbians receive timely and quality surgical care. She has been the Ministry of Health since 2016 and previously worked with the BC College of Pharmacists, BC Representative for Children and Youth, and the BC Financial Services Authority. Born and raised on Vancouver Island, she lives in Victoria with her husband and two young girls.

Laicy Ball

Laicy Ball is the Director of Surgical Services, Quality and Results Management, for the BC Ministry of Health. In that role, Laicy is responsible for monitoring, analysis, and reporting of data that supports provincial and regional strategic priorities for both surgical and endoscopy services. She works collaboratively with partners across the healthcare system to support patient access and quality improvement initiatives. Laicy started working with the Ministry in spring 2022, previously working with the Interior Health Authority as the Endoscopy Services Lead. Laicy started her healthcare career with the Island Health Authority, nursing on acute care gastroenterology, endoscopy, and orthopedic surgery units. Laicy lives in Kelowna and enjoys golfing, hiking, and softball in her spare time.

Dr Ahmer Karimuddin

Dr Ahmer Karimuddin is a General & Colorectal Surgeon practicing at St. Paul's Hospital. A Clinical Associate Professor and Director of the General Surgery Residency Program, he is the current President Elect of Doctors of BC. Ahmer was the Co-Chair of the Specialist Services Committee, Surgical Lead for the ERAS Collaborative, and past President of the General Surgeons of BC. He has also been on the board of Enhanced Recovery Canada and is a Board Director of the Canadian Association of General Surgeons.

SPEAKERS

Shana Ooms

Shana Ooms is the Executive Director, Surgical and Medical Imaging Services in the Hospital and Provincial Services Division of the Ministry of Health, and Ministry appointed Co-Chair of the Share Care Committee. She has over 18 years of experience working for the Health Ministry, in a variety of research, policy development and strategic leadership positions. Shana's roles to date have mainly supported the development of primary health care through areas like chronic disease management, clinical practice guidelines, team based primary care, and new clinical service models (Primary Care Networks, Urgent and Primary Care Centres). In March 2023 Shana transitioned from her previous work in Primary Care to support surgery and medical imaging in the Hospital and Provincial Health Services team. Shana is a wife, mom of three teenagers, three cats and one labradoodle, and enjoys outdoor activities like running, skiing, beach combing and Boler camping.

Professor Mike Grocott (Keynote Speaker)

Professor Mike Grocott is a distinguished academic in the field of Anesthesia and Critical Care Medicine, serving as the head of critical care research at the University of Southampton and the Southampton NIHR Biomedical Research Centre in the United Kingdom since 2011. His career is marked by extensive training in emergency and internal medicine, combined with specialized expertise in anesthesia. His primary area of focus centers on enhancing surgical outcomes, underpinned by a deep understanding of applied human physiology. He leads the Fit-4-Surgery Research Consortium and as the Director of Xtreme Everest, he has significantly contributed to research conducted at high altitudes, pioneering innovative approaches to enhance the treatment of critically ill individuals.

Dr Sam Bugis

Dr Sam Bugis is the Vice President, Physician Affairs and Specialist Practice. As a General and Endocrine Surgeon, he brings 30 years of leadership, teaching and clinical experience to his role that involves almost every aspect of Doctors of BC activities. In his spare time, he still maintains a small clinical role, volunteers in Global Surgery by teaching surgical skills in low- and middle-income countries and is a Fellowship Examiner in General Surgery in the College of Surgeons of East, Central and Southern Africa (COSECSA).

SPEAKERS

Kristy Anderson

Assistant Deputy Minister, Hospital and Provincial Health Services Division, Ministry of Health.

Kristy Anderson was appointed Assistant Deputy Minister, Hospital and Provincial Health Services Division on July 15, 2022. Kristy joined the Ministry of Health in 2011 and has been the acting Assistant Deputy Minister for the Hospital and Provincial Health Services Division since October 2021. Her other positions in the Ministry include Executive Director, Access and Wait Times, and Director of Communications. Before joining the BC Public Service, Kristy held roles with BC Emergency Health Services and in the private sector.

Dr Dave Konkin

Dr Konkin is a general surgeon from the Royal Columbian Hospital and Eagle Ridge Hospital. He is a graduate of the University of British Columbia. Dr Konkin is a Clinical Professor in the Department of Surgery, Faculty of Medicine at the University of British Columbia. He is currently the Regional Medical Director and Department Head of Surgery for the Fraser Health Authority. Dr Konkin has a specific interest in Physician Leadership, Surgical Quality, Acute Care Surgery/ Trauma, as well as Complex Abdominal Wall Reconstruction. My personal vision is to be an exemplary role model in my practice including excellence in surgery, diligence in patient care, and respectfulness to patients, students, staff, and colleagues. I want to be the link between surgeons and administration to improve collaboration and shape excellence in surgical care. I want to be approachable to students and staff. I also want to be an open and transparent leader. I get up every morning believing that I can make a difference.

Mark Spelliscy

Mark was born in Regina, Saskatchewan in 1951 and moved to BC in 1960. Prior to retirement in 2012 he enjoyed a 32-year career with Scotiabank as a senior manager. Mark has always been involved in his community, volunteering from 2001 to 2023 with Providence Health Care and is Past Member Chair of the Providence Health Care Society. Mark and his wife Bev have been married for 46 years. They love travelling and spending time with their 2 married sons and 4 grandchildren. In 2023 Mark underwent left and right knee replacement surgery, performed by Dr Mark Chiu, Orthopedic Surgeon at Langley Memorial Hospital. Surgical Patient Optimization Collaborative (SPOC) was instrumental in a successful outcome with pre & post rehabilitation exercises targeting affected muscle groups, diet counselling and addressing a previously unidentified sleep apnea issue.

SPEAKERS

Professor Denny Levett (Keynote Speaker)

Professor Denny Levett, leads the surgical high dependency critical care unit, specializing in the care of high-risk patients following major surgery, and heads the perioperative medicine and critical care at the University Hospital Southampton in the United Kingdom since 2018. Her expertise extends to human exercise physiology, with a particular focus on adaptation to hypoxia and the evaluation of physical fitness in patients undergoing major surgery. She serves as the President of the International Perioperative Exercise Testing and Training Society (POETTS) and as a clinical chief investigator for various trials and studies, including INSPIRE, UHS Fit-4-Surgery, and multicentre Wesfit prehabilitation. She has contributed to impactful literature and research towards improving surgical outcomes and understanding human metabolism under hypoxic conditions.