

WELCOME TO THE PCAN SUMMIT 2024

On behalf of the Specialist Services Committee (SSC) & Perioperative Clinical Action Network (PCAN), we are delighted to welcome you to the Perioperative Clinical Action Network's Summit 2024! Funding for the PCAN Innovation Projects and for the PCAN Summit 2024 event was provided by the Specialist Services Committee (SSC) and Shared Care Committee (SCC), two of four Joint Collaborative Committees (JCC) representing a partnership between Doctors of BC and the Government of BC. We would like to acknowledge that this event is taking place on the traditional, ancestral, and unceded territories of the Musqueam, Squamish, and Tsleil-Waututh First Nations.

It's an exciting time for perioperative multidisciplinary teams and quality improvement enthusiasts to unite and find synergies. With the PCAN Innovation Project Showcase pre-evening event on November 17, 2024, physician leaders and their project teams will share their insights into their quality improvement projects and the impact it is having on the healthcare system.

On November 18th, 2024, participants will focus on the PCAN Summit learning objectives:

- 1) To gain knowledge on the **provincial surgical top priorities**.
- 2) To learn about **PCAN's strategic plan** and how it supports physicians and surgical quality improvement.
- 3) To engage with experts during 2 keynote presentations:
 - i. **Prehabilitation: The road to routine multimodal optimization** – Gain insights into exercise, nutrition and psychosocial & cognitive components of prehabilitation. Essential for optimizing patient outcomes.
 - ii. **Mindset Equity** – Explore how to cultivate an equity mindset to create equitable health solutions.
- 4) To participate in 2 out of 4 workshops to enrich your knowledge:
 - i. **The Elderly Patient**: Navigate the complexities of prehabilitation on the elderly patient and strategies to improve outcomes.
 - ii. **The WHAT and HOW of Reducing Wait Times** – A deeper review of the metrics, audit processes and strategies to support timely patient access to surgery.
 - iii. **Explore Equity** – Engage in open and safe dialogue while observing health equity scenes to encourage self-reflection on individual biases that affect health outcomes.
 - iv. **Supporting Patient Optimization – Tools! Tools! Tools!** – Explore how to support patient prehabilitation, enhanced recovery, pre-operative risk assessment, and digital enablement.
- 5) To learn through interactive panel discussion with subject matter experts on **Shared Decision Making** and how to strengthen communication and improve patient care.

Improving the healthcare system requires rigor, dedication, and innovation. Above all, it requires us to work collaboratively towards a shared vision. This is the **PCAN Summit 2024!**

SPEAKERS

Ahmer Karimuddin, President of Doctors of BC

Dr. Ahmer Karimuddin is a General & Colorectal Surgeon practicing at St. Paul's Hospital. A Clinical Associate Professor and Director of the General Surgery Residency Program, he is the current President of Doctors of BC. Ahmer was the Co-Chair of the Specialist Services Committee, Surgical Lead for the Enhanced Recovery After Surgery (ERAS) Collaborative and past President of the General Surgeons of BC. He has also been on the board of Enhanced Recovery Canada and is a Board Director of the Canadian Association of General Surgeons. He has received the Excellence in Clerkship Teaching award of the University of British Columbia twice (2009 and 2011), along with the Preceptor Teaching Excellence award (2012).

Shana Ooms, Assistant Deputy Minister, Ministry of Health

Shana Ooms is the Assistant Deputy Minister, Hospital & Provincial Health Services Division of the Ministry of Health, and Ministry appointed Co-Chair of the Specialist Services Committee. She has over 18 years of experience working for the Health Ministry, in a variety of research, policy development and strategic leadership positions. Shana's roles to date have mainly supported the development of primary health care through areas like chronic disease management, clinical practice guidelines, team based primary care, and new clinical service models (Primary Care Networks, Urgent and Primary Care Centres). Shana transitioned to support surgery and medical imaging in the Hospital and Provincial Health Services team in 2023, with a focus on renewed collaboration and engagement work with the Doctors of BC and other key stakeholders, the transition of Surgical Renewal to a five-year Surgical Strategy including increased capacity planning and surgical optimization, waitlist policies and incentives, surgical teams, anesthesia locum support and digital enablement initiatives such as pre surgical screening and patient notifications.

Dan McIsaac (Keynote Speaker), Anesthesiologist, Scientist & Research Leader, Ottawa Hospital

Dr. Dan McIsaac is an anesthesiologist and Canadian Institute of Health Research-funded scientist dedicated to improving surgical outcomes for older adults. With expertise in data science and clinical trials, he leads national multicenter studies such as the PREPARE Trial, which focuses on exercise prehabilitation, and the FIT After Surgery Study, aimed at understanding recovery trajectories in frail patients. As an Associate Scientist at the Ottawa Hospital Research Institute and a Research Chair in Perioperative Health Systems and Outcomes Research at the University of Ottawa, Dan combines his clinical practice with a commitment to enhancing healthcare quality and safety through population-based research and intervention evaluation. His work emphasizes patient-reported outcomes and aims to optimize care for high-risk surgical patients.

SPEAKERS

**Paula Lott,
Obstetrician-Gynecologist, Kamloops B.C.**

Dr. Paula Lott is an obstetrics and gynecologist practicing in Kamloops B.C. As the Physician Co-chair of the Perioperative Clinical Action Network (PCAN), she is a passionate leader dedicated to enhancing patient outcome, improving the healthcare system and hopes to uplift physicians by promoting a culture of open communication. With five years of experience as a member of the Specialist Services Committee (SSC), Paula is committed to advancing health equity and collaboration among specialists.

**Laicy Ball,
Director of Surgical Quality & Results Management, Ministry of Health**

Laicy Ball is the Director of Surgical Services, Quality and Results Management, for the BC Ministry of Health and the Ministry Co-chair of the Perioperative Clinical Action Network (PCAN). In her Ministry of Health role, Laicy is responsible for monitoring, analysis, and reporting of data that supports provincial and regional strategic priorities for both surgical and endoscopy services. She works collaboratively with partners across the healthcare system to support patient access and quality improvement initiatives. Laicy started working with the Ministry in spring 2022, previously working with the Interior Health Authority as the Endoscopy Services Lead. Laicy started her healthcare career with Island Health, nursing on acute care gastroenterology, endoscopy, and orthopedic surgery units.

**Trevor Jarvis,
Director Clinical Operations Surgical Services, Endoscopy & Ambulatory Daycare, Abbotsford Regional Hospital and Cancer Center**

Trevor Jarvis is currently the Director of Operations (Surgery) at Abbotsford Regional Hospital and Cancer Center since August 2024. He previously was the Coordinator of Wait List Management at Surgery Information Services with Fraser Health where the team managed both the surgical and endoscopic wait lists. He has also been involved in Operations at Chilliwack General Hospital as the Operating Room (OR) Manager and for 8 years in Calgary at Foothills Medical Center as the Gastroenterology Unit Manager and Clinical Nurse Educator. Other roles included teaching in the simulation lab at the University of the Fraser Valley, OR Registered Nurse at Chilliwack General Hospital and 13 years as a Medical Assistant in the Canadian Armed Forces.

**Joe Britto (Keynote Speaker),
Mindset Consultant, Innate Leaders**

Joe Britto is a psychological coach, mindset consultant, and the founder of Innate Leaders. He is the author of “The Six Attributes of a Leadership Mindset” and is dedicated to helping clients cultivate the mindset and behaviors essential for effective leadership. With extensive experience working with diverse leadership teams across non-profits, public and private sectors, and entrepreneurs, Joe leverages his background in experiential learning, literary theory, and psychological coaching to develop a unique methodology central to the Innate Leaders approach.

SPEAKERS

Juliet Batke

Director of Surgical Strategy & Innovation, Ministry of Health

Juliet Batke is the Director of Surgical Strategy and Innovation for the BC Ministry of Health. In this role, Juliet is responsible for developing and supporting provincial strategies to improve access to surgery across the province and developing key partnerships to support this work. She is a recent addition to the Ministry Access and Wait Times team and brings valuable health leadership experience gained through her past roles with the Regional Surgery Program at Vancouver Coastal Health, in Quality Improvement at Providence Health Care and as a Clinical Research Coordinator with the Spine Program at Vancouver General Hospital. She is also recognized as a Certified Healthcare Executive by the Canadian College of Health Leaders.

Sooky Moore,

Project Specialist, Arctek Pro Services

Sooky Moore is the Project Specialist, supporting PCAN-funded prehabilitation and Enhanced Recovery After Surgery (ERAS) programs across BC. She holds a bachelor's degree in business administration from BC Institute of Technology, where her journey into Facility Engagement began. In this role, she supported the development and management of strategic initiatives aimed at enhancing physician engagement and improving operational efficiencies. Over the past 3 years, Sooky has been dedicated to advancing the Surgical Patient Optimization Collaborative (SPOC) and prehabilitation efforts, working with five hospitals as part of Cohort 2. Her work focuses on implementing evidence-based strategies to optimize surgical outcomes through collaboration with multidisciplinary teams. In 2022, Sooky completed her PQI Certificate, reinforcing her passion for Quality Improvement and her commitment to driving system-level improvements in surgical care.

Lindi Thibideau,

Anesthesiologist, Comox Valley Hospital

Dr. Lindi Thibodeau grew up on Vancouver Island and has a deep connection to the regions. She is an anesthesiologist based in Comox, BC, at a 150-bed community hospital, where she is dedicated to improving the preoperative process for patients and promoting clinical excellence in community healthcare settings. She completed her undergraduate degree, medical school, and anesthesia residency at the University of British Columbia in Vancouver. Through her work with the Surgical Patient Optimization Collaborative (SPOC) in Cohort 2, she has been dedicated to advancing surgical patient optimization and in developing innovative approaches to that field. Nearly all patients who needed prehabilitation received it.

SPEAKERS

**Kyra Siemens,
Director Surgical Services Operations & Policy, Ministry of Health**

Kyra Siemens is the Director of Surgical Operations and Policy for the BC Ministry of Health. In this role, Kyra is responsible for implementing and supporting provincial strategies to improve access to surgery through policy development, collaborating with partners across the healthcare system to facilitate implementation and monitor results. She is a recent addition to the Ministry Access and Wait Times team and brings 15 years of healthcare experience from her various roles at Island Health, including 12 years in a regional surgical services role, most recently leading a team who specialized in Surgical Informatics and Waitlist Management.

**Dave Konkin,
Regional Medical Director & Department Head of Surgery, Fraser Health Authority**

Dr. Dave Konkin is a general surgeon from the Royal Columbian Hospital and Eagle Ridge Hospital. He is a graduate of the University of British Columbia. Dr. Konkin is a Clinical Professor in the Department of Surgery, Faculty of Medicine at the University of British Columbia. Dave has a specific interest in Physician Leadership, Surgical Quality, Acute Care Surgery/Trauma, as well as Complex Abdominal Wall Reconstruction. His personal vision is to be an exemplary role model in my practice including excellence in surgery, diligence in patient care, and respectfulness to patients, students, staff, and colleagues. Dave is driven to be the link between surgeons and administration to improve collaboration and shape excellence in surgical care. He wants to be approachable to students and staff and strives to be an open and transparent leader. Dave's motivation is to get up every morning believing that he can make a difference.

**Kelly Mayson,
Anesthesiologist, Vancouver Coastal Health**

Dr. Kelly Mayson is a Clinical Professor at the UBC Department of Anesthesiology, Pharmacology & Therapeutics and serves as Chair of the Steering Committee for Physician-Led Quality Initiatives at Vancouver Coastal Health. She has been actively involved with the Surgical Patient Optimization Collaborative (SPOC) since 2019 and in the Enhanced Recovery After Surgery (ERAS) Program since 2012. With a background in cell biology and genetics, Kelly transitioned from research to anesthesiology, focusing on surgical patient optimization to improve outcomes by addressing pre-existing health conditions and harmful behaviors before surgery. Passionate about quality improvement, she trains other physicians to enhance care pathways and advocates for incorporating prehabilitation into medical education.

**Dara Lewis,
Registered Nurse, Vancouver Coastal Health**

Dara Lewis is a Clinical Educator with Vancouver Coastal Health's Regional Palliative Approach to Care Education team (also known as RPACE). She has been a registered nurse for 21 years, and as a member of the RPACE team, Dara has designed and implemented multidisciplinary goals of care education, as well as supported workflow modifications and resource development to encourage a partnered approach to care. She is a firm believer that developing an ideal and holistic plan of care requires a combination of three components: an awareness of patients' values and wishes, clinical expertise, and consideration of the health context.

SPEAKERS

John Street, Surgeon, Vancouver Coastal Health

Dr. John Street is Irish by birth and Canadian by sheer luck. He is a proud husband and father of two, three if you include the dog. John enjoys traveling, fishing, and watercolor painting in his spare time. As an accomplished speaker, he has presented over 500 times at international conferences and authored more than 250 peer-reviewed publications. John has been the recipient of 38 national and international awards for orthopedics and spine. He serves as the Associate Professor Department of Orthopedics at the University of British Columbia and is the Medical Director and Head of Quality Improvement for the Spine Program at Vancouver General Hospital. He has a strong commitment to advancing the field of spine health and is the current President of the Canadian Spine Society.

Courtney Marusiak, Registered Nurse, Provincial Health Services Authority

Courtney Marusiak is a Registered Nurse and serves as the Provincial Clinical Lead for the Surgical Patient Registry (SPR) at the Provincial Health Services Authority (PHSA). She brings over a decade of diverse healthcare experience to promote transparency, standardization, and equitable surgical access across British Columbia. Courtney has hands-on clinical experience complemented by a strong foundation in broader healthcare roles, including work as a Certified Nursing Assistant, Research Coordinator, Medical Office Assistant, and Veterinary Office Assistant. This comprehensive background fuels her passion for optimizing patient prioritization and reducing surgical wait times, underscoring her commitment to fair, inclusive access for all.



SPEAKERS
