# WHAT ARE THE BENEFITS?

Studies suggest that surgical removal of both fallopian tubes could lower your risk of ovarian cancer by up to 80%



# WHAT ARE THE RISKS?

Removing the fallopian tubes is a low risk procedure:

- Little chance of injury to nearby organs
- The operative time may be longer by approximately 3 to 10 minutes

The specific risks of your surgical treatment should be discussed with your surgeon.

#### **WANT MORE INFORMATION?**

Check out the resources below:

Research on reducing ovarian cancer risk



#### **Beyond the Stories**

Opportunistic
Salpingectomy as a
Strategy for Ovarian
Cancer Prevention



### Learn more about ovarian cancer on OVCARE

vghfoundation.ca/ovcare-vgh

### For more on gynecologic cancer

visit Gynecologic Cancer Initiative website: gynecancerinitiative.ca





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# **Opportunistic Salpingectomy**

A safe option to dramatically reduce the risk of ovarian cancer

### YOU MAY BENEFIT FROM THIS PROCEDURE IF:

You are having an abdominal surgery for another reason.

You are not at genetically high risk for developing ovarian cancer.

You have no desire for future pregnancy.

# Opportunistic salpingectomy

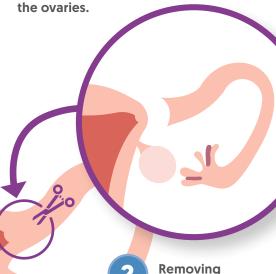
is the removal of the fallopian tubes at the time of another surgery

#### What are fallopian tubes?

Fallopian tubes are tubes that connect the ovaries to each side of the uterus. The role of the fallopian tubes is to transport eggs from the ovaries to the uterus.

What will happen If you choose to have both fallopian tubes removed?

During your original planned surgery, the surgeon will remove the fallopian tubes and leave



the fallopian tubes takes approximately 3 to 10 minutes.

Removing the fallopian tubes can be done via minimally invasive or open surgery.

# MINIMALLY OPEN SURGERY INVASIVE SURGERY

### **FAQS**

Will removing the fallopian tubes extend my hospital stay?

No, it will not extend your hospital stay.

#### Will this impact my childbearing abilities?

Yes, removing the fallopian tubes will prevent pregnancy. If you are planning future pregnancies, opportunistic salpingectomy is not for you.

### Will this procedure impact my hormones or the onset of menopause?

Removing the fallopian tubes does not affect your ovaries, your hormone levels, or when menopause starts.

### Will removing the fallopian tubes increase the likelihood of complications?

There will be essentially no additional risk for surgical complications by additionally removing the fallopian tubes.

### Why remove my fallopian tubes?

There are 5 types of ovarian cancer, but the most common [70%] is high grade serous carcinoma [HGSC]. Research has shown that most HSGCs start in the fallopian tube. There is no effective screening for ovarian cancer, therefore prevention is important. Removing the fallopian tubes dramatically reduces the risk of developing HGSC.