



# Surgical Patient Optimization Collaborative (SPOC)



October 15, 2019

Dr Marissa Dry  
Dogwood Medical Clinic  
Campbell River

Dear Dr Dry;

We have received a surgical booking package at the Campbell River General Hospital (CRG) for you patient 123456.

As you know, patients who are optimally prepared for operations are more likely to have a smooth and uncomplicated perioperative course. Pre-Surgical Optimization and Enhanced Recovery After Surgery (ERAS) protocols are active at CRG however, to fully succeed at preparing patients for surgery we need the help of their family physicians.

We ask that you call your patient in now for a pre-operative visit to address the following highlighted health issue(s) that can significantly impact the success of their upcoming surgery.

- 1) Smoking Cessation
- 2) Anemia
- 3) *Physical Fitness***
- 4) Other \_\_\_\_\_

**We have attached a suggested treatment algorithm** and the Campbell River and District Division of Family Practice has posted more information and all the tools you will need on the Pathways website. They are designed to assist you and are located under the "Enhanced Recovery After Surgery (ERAS)". If you do not currently have access to Pathways, please contact the Division Project Assistant at [campbellriver.admin@divisionsbc.ca](mailto:campbellriver.admin@divisionsbc.ca).

Thank you for your timely attention to the care of our mutual patient.

(Darci sign here)

on behalf of the Surgical Patient Optimization Collaborative (SPOC)  
Campbell River General Hospital  
PAC Team Lead

Attachments X 2: Physical Activity Vital Sign Guide; Physical Activity Poster

## Physician Leads:

Dr Kerry Baerg, Family Physician	Dr Deke Botsford, Orthopedic Surgeon
Dr Robin Suttmoller, Anesthesiologist	Dr Marissa Dry, Family Physician
Dr Leanne Wood, General Surgeon, SPOC Committee Chair	
Project Manager: Dean Nilsen	